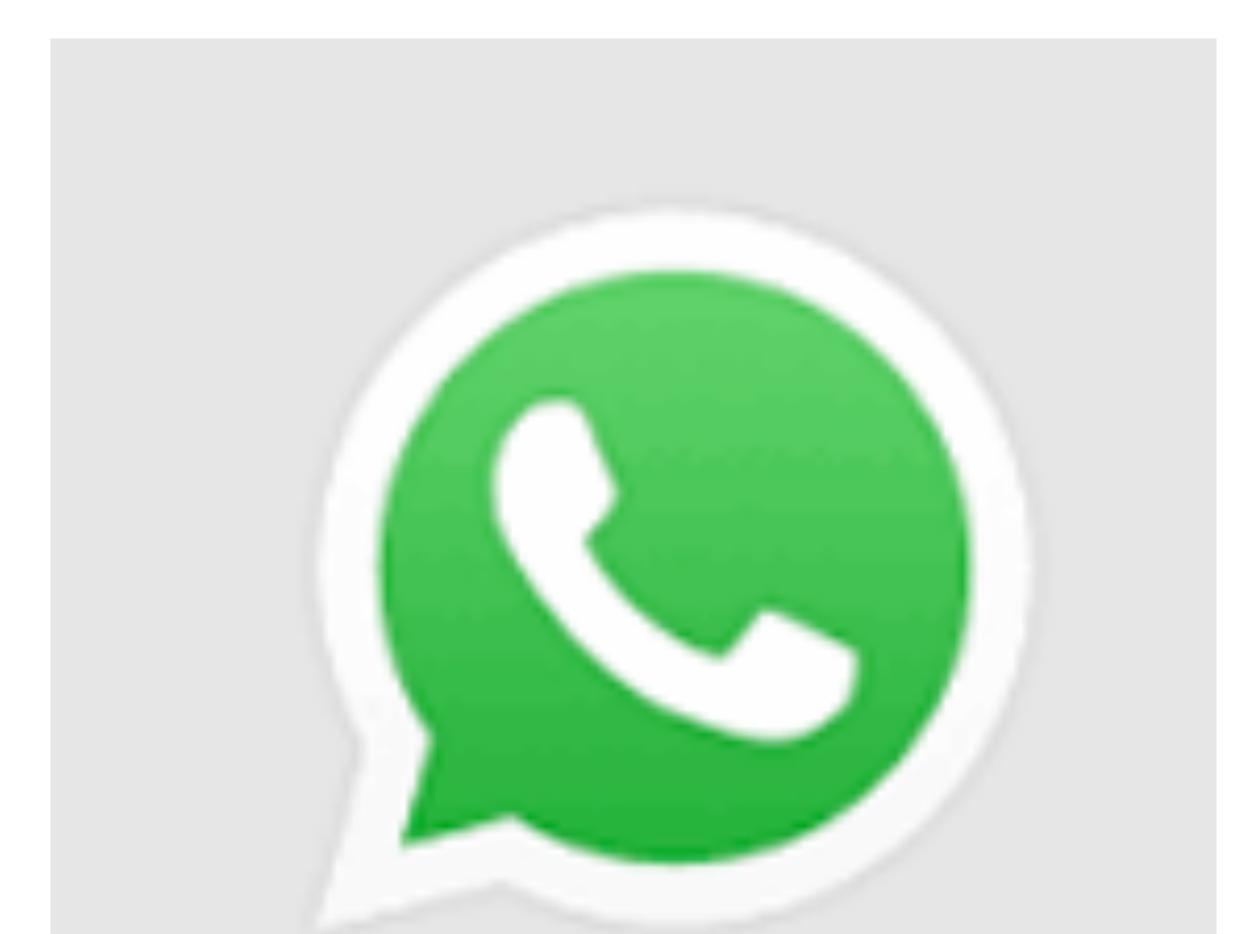
How to guides

It can seem difficult to keep up-to-date with the technology that children use. You can find out much more information and support about digital technologies here.



View and download our Whatsapp guide for parents

View the H2 guide

(/Documents/ThinkUKnow/Parents/H2%20guides/2/24/WhatsappGuide%20for%20parents.pdf? epslanguage=en-GB)



View and download our ooVoo guide for parents

View the H2 guide (/Documents/ThinkUKnow/Parents/H2%20guides/2/25/ooVoo%20guide%20for%20parents.pdf?

epslanguage=en-GB)



View and download our Instagram guide for parents

View the H2 guide

(/Documents/ThinkUKnow/Parents/H2%20guides/2/22/Instagram%20Parents%20Guide.pdf?epslanguage=en-GB)



View and download our Kik guide for parents

View the H2 guide (/Documents/ThinkUKnow/Parents/H2%20guides/22/Kik%20Messenger%20Parents'%20Guide.pdf? epslanguage=en-GB)



View and download our YouNow guide for parents

View the H2 guide (/Documents/ThinkUKnow/Parents/H2%20guides/21/YouNow%20Parents'%20Guide.pdf? epslanguage=en-GB)



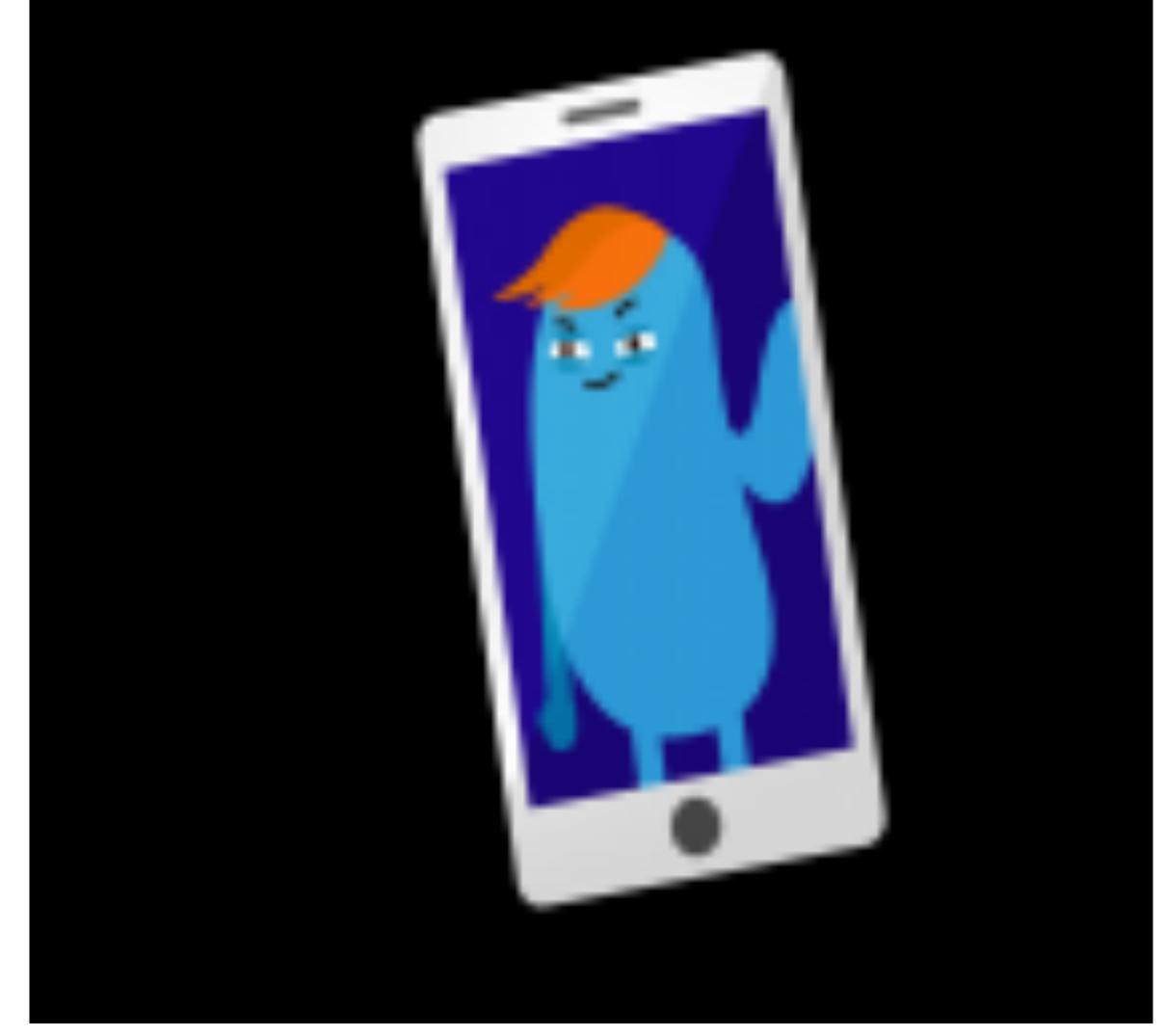
View and download our YouTube guide for parents

View the H2 guide (/Documents/ThinkUKnow/Parents/H2%20guides/21/YouTube%20Parents'%20Guide.pdf? epslanguage=en-GB)



View and download our Omegle guide for parents

View the H2 guide (/Documents/ThinkUKnow/Parents/H2%20guides/21/Omegle%20Parents'%20Guide.pdf? epslanguage=en-GB)



Watch videos providing guidance on what parents & carers need to know about nude selfies

Watch videos (/parents/articles/Nude-selfies-a-parents-guide/)

Concerned?

If you're worried about your child and think something is not quite right, it's best to be on the safe side and find out more.

Where can I get help? (/parents/Get-help/)

Report an incident to CEOP (/parents/Get-help/Reporting-an-incident/)

Reporting a concern
(/Templates/MasterPages/Parents/#ctl00_rptFooterLinks_ctl00_pnlReporting)

Get advice on...
(/Templates/MasterPages/Parents/#ctl00_rptFooterLinks_ctl01_pnlReporting)



(https://www.thinkuknow.co.uk/)



(http://ceop.police.uk/)

© National Crime Agency 2015



(http://www.nationalcrimeagency.gov.uk/)



(/parents/Footer/Visa/About-Visa-/)